



The Chicago School of Professional Psychology

Presents:

ACEPT Practicum Fair

Supervision as an Opportunity to Model: Navigating the Unfamiliar

Friday, December 7th, 2018

1:00pm to 2:30pm

Registration Opens at 12:45pm CT

Roosevelt University

430 S. Michigan Ave.

Chicago, IL 60605

Program Offers 1.5 APA CEs for Psychologists and 1.5 CEUs for Social Workers and Counselors

Workshop Description:

Clinical supervision has a great influence on trainee development. It can both facilitate and hinder their training experience. In particular, supervisor's multicultural competence and ability to facilitate dialogues on culture impacts to trainee satisfaction on supervision (Mori, Inman, and Caskie, 2009) and growth (Soheilian, Inman, Klinger, Isenberg, & Kulp, 2014; Wong, Wong, & Ishiyama 2013). We will discuss challenges of navigating cultural issues faced by supervisors, including when trainees have more advanced knowledge than supervisors of certain cultural issues, yet still need supervisory guidance to integrate their knowledge into practice.

In this presentation, The Heuristic Model of Non oppressive Interpersonal Development (HMNID: Anics & Ladany, 2010) will be used to explore how differences in multicultural competence between supervisor and supervisee can affect the supervision process. Reflective practice has been strongly encouraged in counseling to enhance a clinician's multicultural awareness (Collins, Arthur, & Wong-Wylie 2010). Participants will be invited to explore ways to apply reflective work into supervision by examining case examples. Recommendations to improve reflective practice, such as cultural auditing, will be provided. While both supervisees and supervisors contribute to the supervision dyad, this presentation will primarily focus on potential challenges experienced by supervisors as well as skill development.

Learning Objectives:

After attending this intermediate-level workshop, participants will be able to:

1. Describe barriers to addressing cultural issues in supervision.

2. Demonstrate self-reflection to navigate dialogues with trainees regarding discrepancies in cultural competence through case examples.

Professional Bio of Presenter #1, Stephanie Benedict, Psy.D., Private Practitioner

Dr. Stephanie Benedict is a Licensed Clinical Psychologist who works as a private practitioner. She obtained her masters and doctoral degrees from the Illinois School of Professional Psychology. Dr. Benedict has focused much of her career on training and supervision of doctoral psychologists in training. Prior to transitioning to full time private practice, she was the Associate Director for Training at the University of Illinois at Chicago (UIC) Counseling Center. She has held additional training administrative positions at UIC and the Sonia Shankman Orthogenic School. She is a former Adjunct Faculty at Adler University, where she taught *Social Psychology and Diversity*. Dr. Benedict is trained as an APA site visitor.

Professional Bio of Presenter #2, Yoko Mori, Ph.D., Independent practitioner

Dr. Yoko Mori is a Licensed Clinical Psychologist in the state of IL. She obtained Ph.D. with concentration on supervision/training and multicultural and social justice counseling from Lehigh University. She has served as a staff psychologist at various university counseling centers until recently to shift her focus on independent practice. Dr. Mori has published and presented on multicultural supervision and related topics at national and international conferences. She also served as an adjunct professor at Roosevelt University, teaching *Supervision and Consultation* class.

Program Standards and Goals

This program meets APA's continuing education Standard 1.3: Program content focuses on topics related to psychological practice, education, or research *other than* application of psychological assessment and/or intervention methods that are supported by contemporary scholarship grounded in established research procedures.

This program meets APA's continuing education Goal 1: Program is relevant to psychological practice, education, and/or science.

Registration and Fees:

General Admission: FREE

Refund Policy:

100% of tuition if refundable up to 48 hours before the program. Within 48 hours of the program, tuition is nonrefundable.

References:

1. Ancis, J. R. & Ladany, N. (2010). A multicultural framework for counselor supervision. In N. Ladany and L. J. Bradley (Eds), *Counselor Supervision, 4th Ed* (pp. 53-95). New York, NY: Routledge.

2. Collins, S., Arthur, N., & Wong-Wylie, G. (2010). Enhancing reflective practice in multicultural counseling through cultural auditing. *Journal of Counseling and Development, 88*, 340-347.
3. Mori, Y, Inman, A. G., & Caskie, G. I. L. (2009). Supervising international students: Relationship between acculturation, supervisor multicultural competence, cultural discussions, and supervision satisfaction. *Training and Education in Professional Psychology, 3*, 10-18.
Doi:10.1037/a0013072
4. Soheilian, S. S., Inman, A. G., Klinger, R. S., Isenberg, D. S., & Kulp, L. E. (2014). Multicultural supervision: supervisees' reflections on culturally competent supervision. *Counseling Psychology Quarterly, 27*, 379-392.
5. Wong, L. C. J., Wong, P. T. P., & Ishiyama, I. (2013). What helps and what hinders in cross-cultural clinical supervision: A critical incident study. *The Counseling Psychologist, 41*, 66-85.

CONTINUING EDUCATION:

Target Audience: Psychologists, though may include LCPCs and LCSWs. Students are welcome to attend.

Psychologists. This program, when attended in its entirety, is available for 1 continuing education credits. The Chicago School of Professional Psychology is committed to accessibility and non-discrimination in its continuing education activities. The Chicago School of Professional Psychology is also committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during discussion periods. If participants have special needs, we will attempt to accommodate them. Please address questions, concerns and any complaints to Moira Jackson at 312-467-2364. There is no commercial support for this program nor are there any relationships between the CE Sponsor, presenting organization, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

Counselors/Clinical Counselors. This program, when attended in its entirety, is available for 1 continuing education units. The Chicago School of Professional Psychology is licensed by the Illinois Department of Financial and Professional Regulation (IDFPR) to provide continuing education programming for counselors and clinical counselors. License Number: 197.000159

Social Workers. This program, when attended in its entirety, is available for 1 continuing education units. The Chicago School of Professional Psychology is licensed by the Illinois Department of Financial and Professional Regulation (IDFPR) to provide continuing education programming for social workers. License Number: 159.001036

Non Psychologists. Most licensing boards accept Continuing Education Credits sponsored by the American Psychological Association but non-psychologists are recommended to consult with their specific state-licensing board to ensure that APA-sponsored CE is acceptable.

****Participants must attend 100% of the program in order to obtain a Certificate of Attendance.***



The Chicago School of Professional Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Chicago School of Professional Psychology maintains responsibility for this program and its content.